Worksheet: School Life and Study Tips

Name: _____

📍 Part A – Vocabulary Match

Match each phrase to the correct definition. Write the letter next to the number.

Word/Phrase	Definition
1. ___ stream	A.a collection of songs or videos
2. ___ playlist	B. to upload a file from your device
3. ___ scroll	C. to move through content on a screen
4. ___ upload	D. to watch or listen without downloading
5. ___ screen time	E. how long you use a phone or device

✍️ Part B – Grammar: Present Simple & Frequency Adverbs

Complete the sentences using the correct form of the verb and an adverb (always, usually, sometimes, never).

1. I _____ (watch) YouTube videos before bed.
2. My brother _____ (play) video games on weekends.
3. We _____ (check) our phones at the dinner table.
4. I _____ (read) a book instead of using my phone.

📍 Part C – Speak Up! (Pair or Individual)

Task: Talk for **1–2 minutes** about your weekend tech habits. Use these guiding questions:

1. What do you usually do online during the weekend?
2. What do you enjoy doing offline?
3. Do you prefer screen time or no-screen time? Why?
4. What advice would you give to someone who uses their phone too much?

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📝Part D Writing Task: My Weekend Online and Offline

Write a paragraph (8–10 sentences) about how you spend your weekend.
Include what you do online, what you do offline, and which you enjoy more — and why.
Use at least two adverbs of frequency and two linking words (and, but, because, while, although).

_____

_____

_____

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_____

⭐ Challenge Zone

🎯 **Task:** Imagine your school has a “No Screen Friday.”
What would you do for fun without using a phone, computer, or TV?

Write 3–4 sentences about your screen-free day.

1. _____

2. _____

3. _____

4. _____