Unit 3 Worksheet: My Daily Routine

👋 Part 1: Let's Match!

Match the word to the correct meaning. Write the letter.

1. ___ Brush 2. ___ Wake up 3. ___ Get dressed 4. ___ Breakfast 5. ___ Go to school	A. To open your eyes and stop sleeping B. To travel to school C. To put on clothes D. To eat your first meal of the day E. To clean your teeth

🔤 Part 2: Grammar Practice

Complete the sentences using the correct form of the verb in brackets.

1. I _____ (wake) up at 7:00.
2. She _____ (eat) breakfast at 7:30.
3. We _____ (go) to school by bus.
4. My brother _____ (not/watch) TV in the morning
5. He _____ (brush) his teeth after lunch.

🧠 Part 3: Reading – "Tom's Morning"

Read and answer the questions.

My name is Tom and I live in Canada. On weekdays, I wake up at 6:30. I take a shower and eat cereal for breakfast. Then I get dressed and leave home at 7:30. I walk to school with my sister. School starts at 8:00. I like Wednesdays because we have P.E. in the morning!

1. What time does Tom wake up?

_____

2. What does he eat for breakfast?

_____

3. How does he go to school?

_____

4. Why does he like Wednesdays?

_____

✍️ Part 4: Write about “My Morning Routine”

Write 4–6 sentences about your own morning routine. Use time expressions and the present simple.

Example: I wake up at 6:45. I brush my teeth and eat breakfast. Then…

💬 Family Challenge: Interview Someone at Home!

👪 Ask a family member or friend about their daily routine. Then write 3–4 sentences about them.

1. What time do you wake up?
2. What do you do after breakfast?
3. What time do you eat lunch?
4. What do you do in the evening?